



Himalayas 2006

The highest trekking mountain in Nepal,
the 6500m (21,300 ft) Mera Peak.



Start/Finish Point	Lukla (2800 m)
Walking Time	17 Days
Horizontal Distance Walked	140 km
Total Ascent/Descent	8100 m
Highest Point Reached (Mera Peak)	6476m

This was the 5th trek for Macmillan Cancer Support in memory of James Page. A severe test of endurance but the sense of achievement at reaching the highest trekking summit in Nepal and the astonishing scenery of the Himalayas were however more than adequate compensation for the hard work.

A total of 9,986 was raised for this challenge